



UNIVERSITY OF BERGEN

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[Thelocal.no](#)

[Newsinenglish.no](#)

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[Uiبدوc](#) – Independent group for connecting PhDs and postdocs at UiB.

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International Centre

E-mail: euraxess@uib.no

Book an appointment with us through our [calendar](#).

[Unsubscribe](#) from the newsletter.

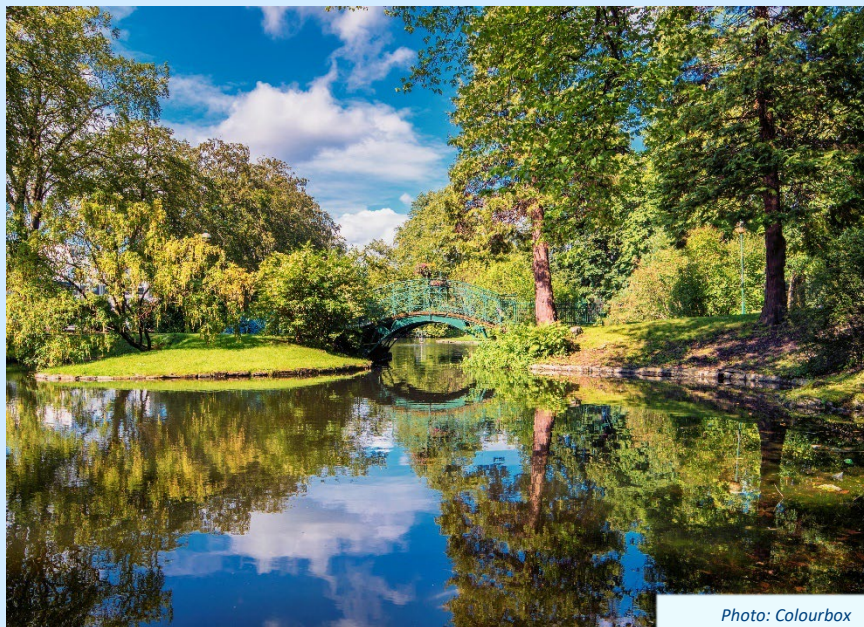


Photo: Colourbox

NEWS FROM INTERNATIONAL HR

Summer 2024

The spring semester ends the 20th of June and people will already start on their holidays. Many companies in Norway have '**fellesferie**', where all employees take their holidays simultaneously, typically in July. This means a quieter period from mid-June to mid-August.

Don't miss the bonfires and festivities for **Sankthans** (St. Hans) on **June 23rd**, a traditional Norwegian Midsummer's Eve celebration. Norway has a lot to offer, and we hope you get the opportunity to explore some of Norway's beautiful destinations this summer!

Schools and after-school care have different starting dates, but at UiB, the autumn semester begins on 12th August.

Our team at the International Centre remains available throughout the summer, so feel free to reach out to us at euraxess@uib.no with any questions. Our next newsletter will be in August, with information about courses and seminars taking place during the autumn semester.

Wishing you a wonderful summer filled with relaxation and memorable experiences!

Upcoming events at the International Centre

Summer meet-up!

We would like to invite all international employees to an afternoon outdoors on **June 27th** at **15.00**, even if the weather is not good enough! We will let you know more about where we are going a few days before the event. Family and friends are welcome! Read more and sign up [here](#).

Introduction to tax

Sign up and join us for an online informative meeting about how to **pay tax in Norway**.

This is a necessary step for you if you are moving to Norway, shifting between Norway and other working countries, or working from abroad. We have this seminar **2 Fridays per month**, from **11.00** to **11.30**. [The next seminar will be on June 23rd](#). In the registration form you can choose which date you want to sign up to.

Introduction course for new employees

This course is one of the steps of our introductory seminars for new international employees. The course will take place on Tuesday **September 10th** from **12.30** to **15.30**. The doors open a bit in advance, so you have the chance to have a coffee and snacks and get to know each other. You can register [here](#).

Please complete [step 1 \(short e-learning course\)](#) before attending.

Holiday planning

Norway has the second longest coastline in the world, and that is worth exploring. You can find many great offers for hotels, travel, and other activities online.

If you have started planning your summer holidays, make sure you have private travel insurance that covers you (and your family) before heading out.

All holidays must be cleared with your leader/head of department.

Do you know about BUA?

BUA is a national non-profit organization dedicated to making it easier for everyone to try out a wider range of activities without increasing consumption. Since the early 1990s, equipment centers have existed in municipalities where sports and outdoor equipment are loaned out for free. [Make sure to check them out, you might find what you need for your next adventure!](#)

Have you moved into a new collective and need kitchen utensils? Are you moving and have collected various things you no longer need? Take a trip to Byttebua, UiB's sustainable exchange market. Here you can deliver useful things and pick up things you need for free! Read more [here](#).

For new employees

When you receive your **Norwegian ID number**, remember to send it to post@lonnskottoret.uib.no

[Digipost](#)

Get all your important mail in one digital mailbox. It is simple, secure, and sustainable.

[Tax system](#)

Find more information about the Norwegian tax system in our webpages!

Suggestions for day trips:

Make sure to get to know some beautiful places near Bergen this summer! You can go to these places by car or public transportation:

- Tælavåg, Øygarden
- Herdla, Askøy
- Lyngheisenteret, Seim
- Spurkeland Vikinggard, Seim
- Steinsdalsfossen (waterfall), Norheimsund
- Brudesløret waterfall, Kinn (Hardanger)

Activities in and around Bergen this summer

[Summer camp for kids](#), by Bergen kommune

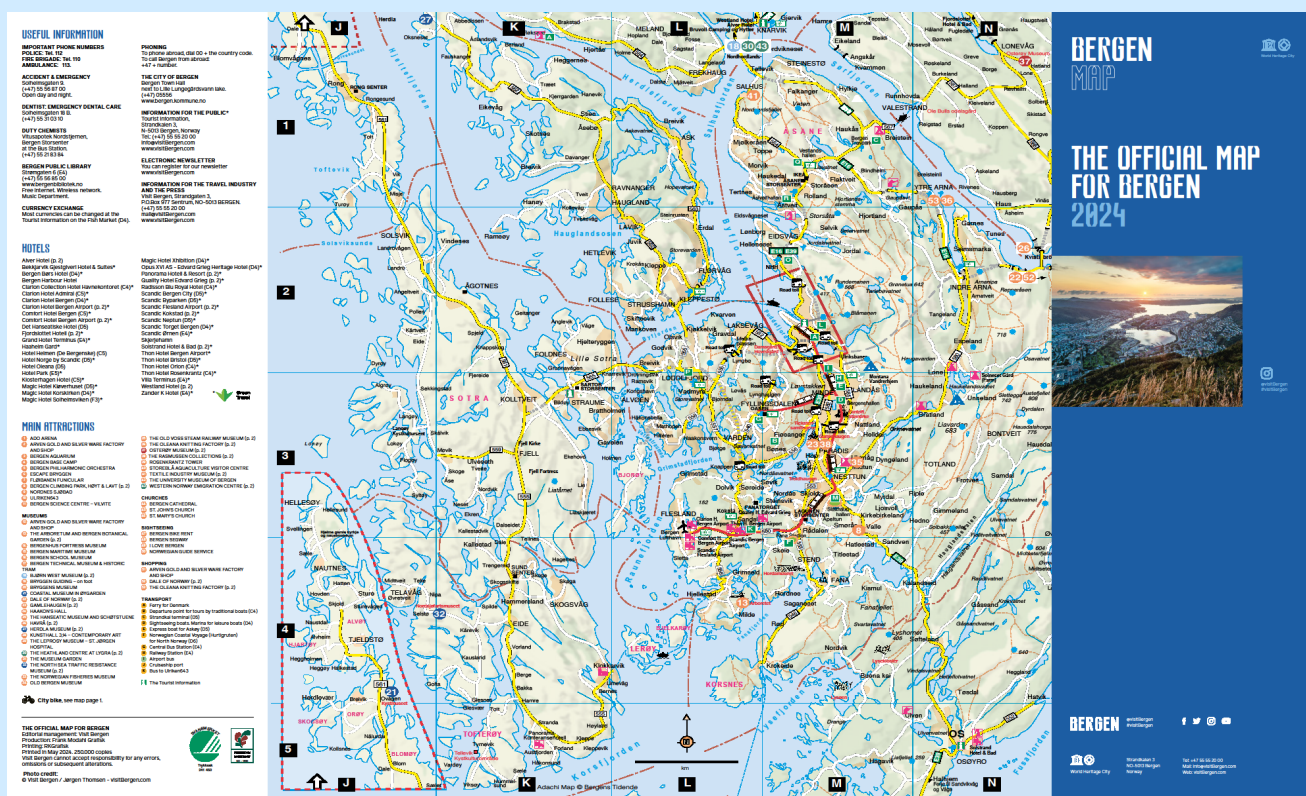
[Kayaking courses](#) at Puddefjorden Kajakklubb

[Museums](#)

[Beaches](#)

Things to do in Bergen

- 1. Explore Bryggen:** Wander through the historic Bryggen area with its narrow alleys and wooden houses. This UNESCO World Heritage site offers a glimpse into Bergen's medieval past. Enjoy a coffee at an outdoor café while admiring the sunlit buildings and Mount Ulriken in the backdrop. Visit the Hanseatic, Bryggen, and Theta Museums for deeper historical insights.
- 2. Visit the Fish Market:** Located in the heart of Bergen, the Fish Market has been a bustling hub since the 1200s. From May to October, savor freshly cooked seafood at outdoor dining spots. Don't miss the market's vibrant atmosphere and the unique flavors of the Norwegian coast.
- 3. Ascend to the Mountains:** Take the Fløibanen funicular up to Mount Fløyen for stunning views and outdoor activities. Enjoy the playground, picnic areas, and the historic Fløien Folkerestaurant. For a longer hike, trek from Fløyen to Mount Ulriken, or take the Ulriken cable car for breathtaking panoramas.
- 4. Walk Through Bergen:** Discover Bergen's compact city center on foot. Explore narrow streets and wooden buildings, shopping areas like Torgalmenningen, and the Nordnes peninsula with its charming boutiques and cafes. Visit Nordnesparken and Bergen Aquarium for family-friendly fun.
- 5. Enjoy Outdoor Dining:** On sunny days, dine al fresco at various locations including Bryggen, the Fish Market, and USF Verftet. For a unique experience, take a boat to Cornelius Sjømatrestaurant on Holmen for a seafood meal by the sea.
- 6. Kayak Through History:** Paddle through the historic waters near the Norwegian Museum of Fisheries. Borrow a kayak to enjoy the scenery and help keep the harbor clean by collecting rubbish.
- 7. See Bergen from the Sea:** Board the "First Player" sailboat for a guided tour of Bergen from the water. Alternatively, take the Heritage Mini Cruise to the Norwegian Fisheries Museum for a shorter adventure.
- 8. Visit Troidhaugen:** Explore the Edvard Grieg Museum Troidhaugen, the former home of the famous composer. The site includes Grieg's villa, composer cabin, and concert hall. Enjoy concerts and learn about Grieg's life and music.
- 9. Experience Old Bergen Museum:** Step back in time at Old Bergen Museum, a reconstructed wooden town from the 1800s. Actors in period costumes bring history to life. During summer, enjoy family activities and swim at nearby Sandviken Sjøbad.
- 10. Discover Lysøen:** Visit Lysøen island and Ole Bull's Villa. Enjoy beautiful nature trails, unique architecture, and historical insights into the life of the famous violinist. Swim at the island's beaches if you're brave enough for the cold water.
- 11. Klatreparken Høyt & Lavt Bergen:** Just south of Bergen, this climbing park offers ziplines and trails for all ages. Perfect for an adventurous family outing.
- 12. Byfjellene Hikes:** Explore Bergen's city mountains like Fløyen and Ulriken. For an extended adventure, hike Løvstakken and Lyderhorn for breathtaking views.
- 13. Nordnes Sjøbad:** Enjoy a heated pool and sunbathing at this central outdoor pool in Nordnesparken. It's a popular spot on sunny days.
- 14. Stoltzekleiven:** Challenge yourself with a steep hike up Stoltzekleiven. The ascent is tough, but the views and sense of accomplishment are worth it.
- 15. Zipline at Ulriken:** Experience Norway's fastest zipline on Mount Ulriken. It's an exhilarating way to see Bergen's highest mountain.
- 16. RIB Safari:** For a thrilling adventure, try a RIB safari. These high-speed boat tours offer a unique way to explore the fjords and coastal landscape.



Event calendars

There are many interesting events, courses, and seminars at UiB throughout the semester. We suggest subscribing to the [UiB main calendar](#) and the [International Centre calendar](#).

Join our WhatsApp group!

We have made a WhatsApp group for you, so you can plan spontaneous meetings and we will also invite you to our planned events and remind you of them there. You can [join here](#).

Suggestions?

Do you have any suggestions about what you would like to find in our newsletters or activities, please send us an email: euraxess@uib.no.