



UNIVERSITY OF BERGEN

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International Centre

E-mail: euraxess@uib.no

Book an appointment with us through our [calendar](#).

[Unsubscribe](#) from the newsletter.



Photo: Bergenavisen

NEWS FROM INTERNATIONAL HR

May 2024

As we welcome the month of May, we also welcome the spring season in Norway. With the weather getting warmer and the days getting longer, it's the perfect time to enjoy the beauty of nature and embrace the Norwegian culture.

One of the highlights of May is the national holiday on the **17th**, which is celebrated all over the country with great pride and joy. It's a day when Norwegians honor their constitution, their history, and their culture, and it's a day that brings people together.

On this special day, you will see people in traditional costumes called bunad, or suits and dresses. It is customary to carry a Norwegian flag and wear red, white and blue ribbons.

There are also other holidays or “red days” you should know about this month:

May 1st: Labour Day

May 9th: Ascension Day

May 17th: Constitution Day

May 20th: Whit Monday

Many people will probably take days off this month to have longer weekends!

Upcoming events at the International Centre

Introduction to tax

Sign up and join us for an online informative meeting about how to **pay tax in Norway**.

This is a necessary step for you if you are moving to Norway, shifting between Norway and other working countries, or working from abroad. We have this seminar **2 Fridays per month**, from **11.00 to 11.30**. [The next seminar will be on May 3rd](#). In the registration form you can choose which date you want to sign up to.

Meet and greet

All international employees are welcome to join us for meet and greet to get to know each other and the International Centre. The gathering will take place on **Tuesday 7th of May from 15.30 to 17.30**, in the seminar room A at the Student centre. We will offer food and drinks. [Sign up here!](#)

Guided city walk

Join us for a guided city walk on **May 23rd at 16.00**, starting outside the Student Centre! You are welcome to meet us at 15.30 at the International Centre in advance for a chat. A professional guide will take us towards the city centre, Byparken and Bryggen. You will learn more about the areas, get some physical motion and socialize. The duration is 1,5-2 hours and you can [register here](#).

Introduction course for new employees

This course is one of the steps of our introductory seminars for new international employees. The course will take place on Tuesday **May 29th from 12.00 to 15.00**. The doors open a bit in advance, so you have the chance to have a coffee and snacks and get to know each other. You can register [here](#).

Please complete [step 1 \(short e-learning course\)](#) before attending.

Holiday planning

Norway has the second longest coastline in the world, and that is worth exploring. You can find many great offers for hotels, travel, and other activities online.

If you have started planning your summer holidays, make sure you have private travel insurance that covers you (and your family) before heading out.

All holidays must be cleared with your leader/head of department.

Holidays and shops' opening hours

Generally, most shops will be closed, or will close early, on "red days". Make sure to check the opening hours of the shops near you and get everything you need for the upcoming days!

Do you know about BUA?

BUA is a national non-profit organization dedicated to making it easier for everyone to try out a wider range of activities without increasing consumption. Since the early 1990s, equipment centers have existed in municipalities where sports and outdoor equipment are loaned out for free. [Make sure to check them out, you might find what you need for your next adventure!](#)

For new employees

When you receive your **Norwegian ID number**, remember to send it to post@lonnskottoret.uib.no

Digipost

Get all your important mail in one digital mailbox. It is simple, secure, and sustainable.

Tax system

Find more information about the Norwegian tax system in our webpages!

Important information about holidays as a UiB employee:

As a UiB employee, you are entitled to 5 weeks of holiday per year. However, during your first year of employment in Norway, your holiday days will be unpaid holiday days. This means that while you have the right to take holidays, they will not be paid and the days you decide to take will be deducted from your salary on the month that you are taking them.

If you wish to access your paid holiday days in advance from the upcoming year, you can apply for this option. Please contact your immediate supervisor or head of administration for further information.

Make sure to upload your holidays in the self-service portal before 1st of May.

[This guide](#) will be useful for you if it's your first time using the DFØ self-service portal.

Events in Bergen

17th of May: Norway's National Day is approaching, and all employees are invited to celebrate the day together with good colleagues. You will receive more information on your email, and you can also check UiB webpages for updates. There is usually a breakfast and a procession. You can also read more about the full program and everything's that happening that day [here](#).

Bergen International Festival: A hub for the Northern European arts scene, the festival has a multifaceted program profile renowned for world premieres and new productions of music, opera, theatre and dance. Taking place from the 22nd of May to the 5th of June. Make sure to [check the full program](#).

Natt Jazz swings into action in late May every year, and in the course of 10 nights, from the 24th of May to the 1st of June this year, more than 65 concerts are presented. You can [check their full program here](#).

The 7-mountain tour in Bergen on the 26th of May: Join DNT in walking over 3, 4 or 7 mountains together with thousands of other hikers. The 7-mountain tour in Bergen is a folk festival, where you get to test your endurance. [Read more about it here!](#)

Stolpejakten: The "Pole Adventure" involves finding poles strategically placed in various municipalities. The Pole Adventure aims to facilitate activities for both young and old; inactive individuals, school students, cyclists, persons with disabilities, and wheelchair users — or those simply wishing to become more familiar with the city and district. [Read more about it in their website.](#)



Event calendars

There are many interesting events, courses, and seminars at UiB throughout the semester. We suggest subscribing to the [UiB main calendar](#) and the [International Centre calendar](#).

Join our WhatsApp group!

We have made a WhatsApp group for you, so you can plan spontaneous meetings and we will also invite you to our planned events and remind you of them there. You can [join here](#).

Suggestions?

Do you have any suggestions about what you would like to find in our newsletters or activities, please send us an email: euraxess@uib.no.