



UNIVERSITY OF BERGEN

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[UiB Speak Up!](#) – Speak up!

Welfare

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[Discount at Bergen Cinema](#)

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International Centre

E-mail: euraxess@uib.no

Book an appointment with us through our [calendar](#).

[Unsubscribe](#) from the newsletter.



Photo: Colourbox

NEWS FROM INTERNATIONAL HR

February 2026

We hope your year is off to a fantastic start! Winter is still with us, and some chilly days are ahead, perfect for enjoying winter sports and cozy moments.

Here are a few special days to celebrate in February:

6th: Sami National Day

This day honors the Sami, the indigenous people of the Nordic region. While it's primarily celebrated among the Sami, keep an eye out for their colorful flag or traditional festive clothing.

8th: Mother's Day

A wonderful opportunity to reach out to the special people in your life who have played a motherly role and show them love and appreciation.

15th: Fastelavn Sunday

Fastelavn is an old Nordic Christian tradition marking the start of the forty-day fast before Easter. On this day, Norwegians bake delicious cream- and jam-filled *Fastelavnsboller* (buns).

Upcoming events at the International Centre

Orientation course for international employees

This course is the third step of our onboarding seminars for new international employees. The course will take place on **Tuesday February 10th** from **13.00** to **15.30**. You can register [here](#).

Please complete [steps 1 and 2](#) before attending.

Pre-arrival essentials: immigration, registration & tax in Norway

If you are relocating to Bergen, make sure to sign up and join us for an online informative meeting about immigration, the registration process with the Norwegian authorities and taxes in Norway.

We have this seminar **2 Fridays per month**, from **11.00** to **11.30**. [The next seminar will be on February 7th](#). In the registration form you can choose which date you want to sign up to.

Mobility seminar

Are you planning a research stay outside of Norway? Join our online mobility seminar to learn about practicalities and necessary steps of planning a research stay abroad. Taking place on *February 12th* from 12.00 to 15.30. Please [register here](#) to receive the Zoom link to join the seminar.

Please remember:

For our courses and events, we often offer food, limited spaces, or have a special guest that we pay for. We ask that if you are not able to attend, you inform us well in advance so we can adjust, and possibly others can take your spot.

Taxes 2026 – Important information

Make sure to check your new tax card for 2026:

- If you have a permanent ID number, your tax card will be automatically updated by the tax administration with the information they have from 2025 – you still need to login at [Skatteetaten.no](https://skatteetaten.no) to check that the information is correct.
- If you have a D-number (temporary ID number) you need to login at [Skatteetaten.no](https://skatteetaten.no) and order a new tax card.

Remember that you should update your information if there are any changes throughout the year that might affect your tax card, like income, loans, marriage, etc. You can read more about this [here](#).

Have you been kicked out of the PAYE scheme for previous years? Make sure that you have a tax return for that year so you can verify the information that the tax administration has about you. If you don't have one, you can contact the tax administration using the [form RF-1306](#) asking for it.

Winter holidays

For those of you with children in school, the winter holidays for schools in Bergen are from February 23rd to 27th. This does not include kindergarten or after-school care. Please check with your child's school or daycare for specific details.

For new employees

When you receive your Norwegian ID number, remember to send it to post@lonnskoret.uib.no

[Digipost](#)

Get all your important mail in one digital mailbox. It is simple, secure, and sustainable.

[Tax system](#)

Find more information about the Norwegian tax system in our webpages!

Kindergarten application

If you have children under school age, that are not already enrolled in kindergarten, the application deadline is March 1st. You can find more information at [Bergen Kommune – Søke om barnehageplass](#).

Fire safety course

All UiB Employees must complete a fire prevention course which consists of a digital part, and a practical part on how to put out fires. This is required by law.

[Sign up for the course here](#)

Events in Bergen

[UiB Language Café for Students and PhD's](#) – Every other Wednesday throughout the semester

[Jazz:potet](#) - Every Saturday at the Library Bar, you will always find world-class jazz. Band leaders will bring in musicians specifically for their sessions where they are free to explore jazz in any way they wish, resulting in Jazz:potet being an innovative jazz club that has garnered praise locally, nationally, and internationally. This season runs from January 11th. Make sure to get your tickets at [ticketco.no](#) (search “jazzpotet”).

Winter sports - Embrace the snowy season with winter sports! From [skiing](#) to [ice skating](#), Norway's stunning winter landscapes offer endless opportunities for thrilling outdoor adventures. Grab your gear and dive into the excitement of winter sports this season! You can always rent/borrow equipment at [bua.no](#).

Vinterbading – “Winter swimming” is increasing in popularity and there are several [places to try it out](#). Nordnes Sjøbad also has a 25-metre saltwater pool that is heated to an inviting 30 °C (86°F). They also have saunas and quick access to actual sea water which is currently around 5°C. Make sure to try it out some time!



Event calendars

There are many interesting events, courses, and seminars at UiB throughout the semester. We suggest subscribing to the [UiB main calendar](#) and the [International Centre calendar](#).

Join our WhatsApp group!

We have made a WhatsApp group for you, so you can plan spontaneous meetings, and we will also invite you to our planned events and remind you of them there. You can [join here](#).

Suggestions?

Do you have any suggestions about what you would like to find in our newsletters or activities, please send us an email: euraxess@uib.no.