



UNIVERSITY OF BERGEN

Courses

Introduction courses

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[Newsinenglish.no](#)

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[Uibdoc](#) – Independent group for connecting PhDs and postdocs at UiB.

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Welfare

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International Centre

E-mail: euraxess@uib.no

Book an appointment with us through our [calendar](#).

[Unsubscribe](#) from the newsletter.



Photo: Google

NEWS FROM INTERNATIONAL HR

April 2024

We hope you had a wonderful Easter holiday! As April continues, Bergen is bustling with exciting events, holidays, and activities.

Upcoming holidays:

International Workers' Day: May 1st

Ascension Day: May 9th

Norway's National Day: May 17th

Whit Monday: May 20th

There's plenty to look forward to in Bergen. From cultural celebrations to outdoor adventures, there's something for everyone to enjoy. Keep an eye out for local festivities and events happening!

Wishing you a fantastic April filled with joy and excitement.

Upcoming events at the International Centre

Introduction to tax

Sign up and join us for an online informative meeting about how to **pay tax in Norway**. This is useful if you are moving to Norway, shifting between Norway and other working countries, or working from abroad. We have this seminar **2 Fridays per month**, from **11.00 to 11.30**. [The next seminar will be on April 19th](#). In the registration form you can choose which date you want to sign up to.

Understanding Norway: Culture, work life and well-being

This is the **third step of you onboarding courses** offered by the International Centre as a new employee at UiB. We are pleased to invite you to this two-hour seminar, together with the Occupational Health Services, about Norwegian culture, UiB work life and how to maintain your well-being when moving to a new country. The seminar is on **April 23rd from 13.15 to 15.15** and afterwards there will be a light meal for everyone interested. [Read more and sign up here.](#)

Introduction course for new employees

This course is step 2 of our introductory seminars for new international employees. The course will take place on Tuesday **May 29th from 12.00 to 15.00**. The doors open a bit in advance, so you have the chance to have a coffee and snacks and get to know each other. You can register [here](#).
Please complete [step 1 \(short e-learning course\)](#) before attending.

Dual career: career advice for partners

If your partner came with you to Norway, and they are looking for a job, this course will be useful for them to get to know the basics about the Norwegian labor market, how to prepare a CV and cover letter, and a bit about Norwegian culture. As the date is not confirmed yet, we will ask you to [sign up to this form](#) so we can send you more information about it.

Check your tax return for 2023

Your tax return for 2023 will be available for review during this month and the deadline to hand it in is April 30th. Make sure to check that your tax information is correct: [Tax Return - The Norwegian Tax Administration](#).

You will need MinID or BankID to access the assessment and you can [order it here](#).

Note that the PIN codes and information will go to the address registered in Folkeregisteret.

Remember that if you have been on the PAYE scheme during 2023, you will not receive a tax return; you will receive a receipt in June for PAYE paid tax.

Is your time in Norway coming to an end?

If your position is ending and you're preparing to leave Norway, there are several important steps to take care of. These include notifying the National Registry, updating your postal address, closing bank accounts if necessary, and ensuring you have the correct tax information for your final assessment.

For detailed guidance on what to do when leaving Norway, we've created [this webpage](#) with comprehensive information.

For new employees

When you receive your **Norwegian ID number**, remember to send it to post@lonnskoret.uib.no

Digipost

Get all your important mail in one digital mailbox. It is simple, secure, and sustainable.

Tax system

Find more information about the Norwegian tax system in our webpages!

Important information about holidays as a UiB employee:

As a UiB employee, you are entitled to 5 weeks of holiday per year. However, during your first year of employment in Norway, your holiday days will be unpaid holiday days. This means that while you have the right to take holidays, they will not be paid and the days you decide to take will be deducted from your salary on the month that you are taking them.

If you wish to access your paid holiday days in advance from the upcoming year, you can apply for this option. Please contact your immediate supervisor or head of administration for further information.

Make sure to upload your holidays in the self-service portal before 1st of May.

[This guide](#) will be useful for you if it's your first time using the DFØ self-service portal.

Events in Bergen

17th of May: Norway's National Day is approaching, and all employees are invited to celebrate the day together with good colleagues. You will receive more information on your email, and you can also check UiB webpages for updates. There is usually a breakfast and a procession. You can also read more about the full program and everything's that happening that day [here](#).

For everyone interested in a sustainable ocean: from 13.-19.th of April 2024 in [Ocean City Bergen](#). Conferences, meetings, workshops, and activities - pioneering a sustainable use of the ocean.

The 7-mountain tour in Bergen on the 26th of May: Join DNT in walking over 3, 4 or 7 mountains together with thousands of other hikers. The 7-mountain tour in Bergen is a folk festival, where you get to test your endurance. [Read more about it here!](#)



Event calendars

There are many interesting events, courses, and seminars at UiB throughout the semester. We suggest subscribing to the [UiB main calendar](#) and the [International Centre calendar](#).

Join our WhatsApp group!

We have made a WhatsApp group for you, so you can plan spontaneous meetings and we will also invite you to our planned events and remind you of them there. You can [join here](#).

Suggestions?

Do you have any suggestions about what you would like to find in our newsletters or activities, please send us an email: euraxess@uib.no.