



**NutriNOR**  
National Research School in Nutrition



Norsk Selskap for  
**Ernæring**  
NORWEGIAN NUTRITION SOCIETY



FINNISH SOCIETY  
FOR NUTRITION  
RESEARCH



# Nordic Nutrition Summer Symposium

## 27-30 September 2026

### WHO:

PhD students and early career researchers in Nutrition and Food Science from the Nordic Countries.

### WHERE:

University of Agder (UiA), Kristiansand, Norway

### WHEN:

27-30 September 2026

### WHAT:

The NNSS is organised by the Nordic nutrition societies and NutriNOR, the Norwegian research school for nutrition. It will consist of lectures and workshops with experts in the field of nutrition and patient reported outcomes, own presentations by the participants and an attractive social programme for network building across the Nordic countries.

### Register via link:

[Registration for NNSS 2026](#)

### Register via QR code:



Registration is open from April 1<sup>st</sup> to August 25<sup>th</sup>

| Time    | Sunday 27 September     |
|---------|-------------------------|
| All day | Arrival in Kristiansand |
| 18      | Social activity         |

| Time  | Monday 28 September  |
|-------|--|
| 9-12  | Patient reported outcome measures (PROMs): Introduction, concepts and applications of Health-related quality of life measures and beyond (breaks included)<br>Elisabeth G. Beisland, Western Norway University of Applied Sciences, Norway |
| 12-13 | Nutrition literacy<br>Birna Thorsdottir, University of Iceland   |
| 13-14 | Lunch  |
| 14-16 | Use of purchase data in nutrition research: A chance for big data analysis?<br>Henna Vepsäläinen, University of Helsinki, Finland  |
| 18    | Social activity  |

| Time  | Tuesday 29 September  |
|-------|---|
| 9-11  | Introduction to science communication<br>"From draft to publication: Practical tips to facilitate scientific writing"<br>Henna Vepsäläinen, University of Helsinki, Finland |
| 11-13 | Presentations by participants (15 minutes each)<br>Individual coaching by trainers from University of Agder, Norway   |
| 13    | Lunch   |
| 14-16 | Presentations by participants (15 minutes each)<br>Individual coaching by trainers from University of Agder, Norway   |
| 18    | Social activity   |

| Time      | Wednesday 30 September   |
|-----------|--|
| 9-13      | Qualitative methods in nutrition research<br>Anu Joki, University of Helsinki, Finland<br>Terhi Koivumäki, Tampere University, Finland |
| 13-14     | Lunch  |
| 14-15:45  | Qualitative methods in nutrition research<br>Anu Joki, University of Helsinki, Finland<br>Terhi Koivumäki, Tampere University, Finland |
| 15:45 -16 | Closing remarks  |

**Practical information:** NNSS is organised by NutriNOR (Norwegian Research School in Nutrition), the Norwegian Nutrition Society, the Finnish Society for Nutrition Research, the Danish Nutrition Society, the Swedish National Committee of Nutritional Science and the Nutrition Society of Iceland.

The participation fee is 100 Euros. You will receive an invoice from the organizers after registration. Registration covers participation in the summer school, lunch, drinks and snacks during the scientific programme as well as the social programme including dinner on Sunday, Monday and Tuesday. Please note that your registration is binding. Participation is free of cost for members of the Nutrition societies of the Nordic countries and members of NutriNOR. Please specify your membership in the registration form.

**Venue:** The NNSS will be held at **the University of Agder, Universitetsveien 25, 4630 Kristiansand**. The venue can be reached by public transport (about 20 busses per hour see [www.akt.no/english](http://www.akt.no/english)) from the city centre.

Kristiansand has an international airport, however, most flights will be via Oslo airport. There are also busses and trains from Oslo (see [www.vy.no](http://www.vy.no))

**Accommodation:** You can find suggestions for accommodation here: <https://en.visitorslandet.com/weekend-in-kristiansand/>

Accommodation costs will be covered for members of NutriNOR.

If you have further questions: do not hesitate to contact us at [nutrinor@uib.no](mailto:nutrinor@uib.no)!